

















WORKING AT HEIGHT & FALL PROTECTION

TARGET AUDIENCE Duration: 8 Hours

All personnel working at Height, Supervisory & HSE Personnel Price: \$ 950.00



- · Fall Protection Introduction & Regulations:
 - The Fall Protection Basic Concept
- Hazard Identification, Elimination & Fall Prevention:
 - Hazard Identification, Elimination
 - Travel Restraint Systems
 - Control Zones
 - Protective Covers
 - Guardrails
 - Ladder safety
 - Scaffolds
- Personal Fall Arrest equipment and their Application
 - Harness & Lanvard
 - Self Retractable Lifelines
 - Anchorage connector straps
 - Carabineers
 - Anchor Points
 - · Fall Clearance Distance
 - Inspection
- Emergency Rescue



- Occupational Safety and Health Administration (OSHA 29 CFR Subpart M 1926. 500-503), OSHA 29 CFR Subpart L 1926.451-454), Construction Health safety Welfare Regulation 19929UK)
- American National Standard Instituted & American Society for Safety Engineers (ANSI-ASSE Z359)
- Trinidad & Tobago OSH Act 2004/2006, Part 11 Duties Of Employers